

**AGENDA**  
**NASA Health Promotion and Wellness Committee ViTS/Webex**  
**Thursday December 9, 2010**  
**11:00 AM- 12:00 PM EST**

**USA Toll Free Number: 1-877-972-9047**  
**Audio Passcode: 2398128**  
**Location @ KSC HQ 3125**

<http://mmancusa.webex.com>  
**Meeting Number: 746 223 632**  
**Meeting Password: HE12092010**

- **Announcement** **Mae Hafizi**
  - HPW ViTS 12/14/2010 at 1:00 PM EST
  - Mayo Clinic EmbodyHealth Enhancements
    - Action Plan has been modified into a webpage titled My Health with the following content:
      - Strength and Risks
      - Personal Health Report
      - Prevention
      - Medical History and Safety
      - Recommendations in priority order
    - Update Personal health profile
  
- **Health Promotion: The Federal Agenda** **Sara Mark, MD**
  - The National Prevention and Health Promotion Strategy
  - Healthy People 2020
  - CDC's six winnable battles <http://www.cdc.gov/about/winnablebattles.htm>
    - AIDS
    - Obesity/Nutrition/Physical Activity/Food Safety
    - Teen Pregnancy
    - Auto Injuries
    - Healthcare Infections
  
- **WellCheck Survey and NASA's Implementation Plan** **Verba Moore, MD**

**Future ViTS/Webinars (2011)**

- **Tuesday March 1, 2011** **1:30-2:30PM ET**
- **Tuesday June 7, 2011** **1:30-2:30PM ET**
- **Tuesday September 6, 2011** **1:30-2:30PM ET**
- **Tuesday December 6, 2011** **1:30-2:30PM ET**